

# BREAKFAST



## TERRA MARE BUFFET

smoked salmon & charcuterie	<b>Market Breakfast 35</b> <i>available 8am to 11:30 am</i> <i>children 12 and under 19</i>	assorted breads & pastries
potato hash & roasted tomato	omelet station	oatmeal station
country bacon & pork sausage	scratch belgian waffles	fresh squeezed juice, & coffee or tea cold press juice of the day

### HEALTHY START

<b>Loving Life 9</b> cold pressed apple, lemon, kale, red grape, tart cherry
<b>Starting Today 9</b> cold pressed apple, kale, ginger, cucumber, lemon
<b>Fresh Squeezed Orange Juice 8</b> <b>Grapefruit 8</b>
<b>Wake Up Smoothie 10</b> cold brew, banana, chia seed, cacao, almond milk
<b>Berry Tart Smoothie 10</b> cherry, strawberry, banana, cacao, almond milk
<b>Too Much is Never Enough 12</b> <b>Açaí Bowl</b> fresh berries, banana, granola, flax seed, honey
<b>Homemade Granola 11</b> greek yogurt Add Fresh Fruit +4
<b>Grapefruit Brûlée 7</b>

### À LA CARTE

<b>* 3 Egg Omelet 17</b> choice of 3 fillings variety of cheeses, spinach, tomato, red onion, mushroom, scallions, peppers, ham
<b>* Frittata 19</b> chorizo, onion, pepper, manchego
<b>* Eggs Benedict 15</b> english muffin, hollandaise <i>choice of: ham, bacon, smoked salmon</i>
<b>Classic Buttermilk Pancakes 14</b> fresh berries
<b>Lemon Poppyseed Pancakes 16</b> mascerated strawberries
<b>* Avocado Toast 13</b> poached egg, heirloom tomato multi-grain bread, chipotle crema
<b>The Continental 20</b> yogurt granola parfait, assorted bread basket fresh squeezed juice, and coffee or tea

### COFFEE & TEA

<b>La Colombe Regular / Decaf 6</b>
<b>Cappuccino 6 / Espresso 5 / Dbl Espresso 8</b>
<b>La Colombe Cold Brew Coffee 9</b>
<b>Hot Tea 7</b>
Green Tea    Moroccan Mint
Chai Hara    Chamomile
Lemon Herbal    English Breakfast

### SIDES

<b>Country Bacon 5</b>	<b>Croissant 5</b>
<b>Pork Sausage 5</b>	<b>Pain au Chocolate 5</b>
<b>Chicken Sausage 5</b>	<b>Toast 5</b>
<b>Hash Browns 5</b>	<b>Egg 3</b>
<b>Breakfast Potatoes 6</b>	

Executive Chef Michael Chavez

*\* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food born illness, especially if you have certain medical conditions*

